



Resource Directory

COUNSELING & TREATMENT

ORGANIZATION	SERVICES	CONTACT INFORMATION
Clinical Counseling	<ul style="list-style-type: none"> • Specialize in eating disorders • Mental health counseling with children & families 	Claudia R. Trevithick, ATR, BC, LPC 143 Ridgeway Drive Lafayette, LA 70503 337-981-0012
Nutrition Innovators	<ul style="list-style-type: none"> • Trim Kids <ul style="list-style-type: none"> ○ 12 Week weight management program for children and adolescents ages 6 – 18 ○ Weekly sessions for 2 hours includes nutrition, exercise & behavior modification ○ Individual nutrition assessment & counseling <ul style="list-style-type: none"> ▪ In home services available 	Dorian Driscoll 509 Rue de Belier Lafayette, LA 70506 337-654-9528 337-993-0243 – fax nutritioninnovators@yahoo.com
Pediatric Cardiology	<ul style="list-style-type: none"> • Anthrometric measurement as a risk factor for morbidity and chronic illness related to obesity 	Geeta Dalal, MD 1227 Coolidge Lafayette, LA 70503 337-993-1943
Pediatric Group of Acadiana	<ul style="list-style-type: none"> • General Pediatrics <ul style="list-style-type: none"> ○ Routine health screenings for hypertension, hyperlipidemia, overweight 	Carlos Bruno, MD 401 Youngsville Hwy., Ste. 100 Lafayette, LA 70508 337-330-0031

Registered Dietitian	<ul style="list-style-type: none"> • Medical nutrition therapy and counseling in individual and group sessions. 	Leslie Fontenot, RD, LDN 110 Nathalie Street Lafayette, LA 70506 337-278-7943
Reiki Master	<ul style="list-style-type: none"> • Reiki 	Emilia J. Bellone, MSW, LCSW 1720 Kaliste Saloom Rd, Ste. C-8 Lafayette, LA 70508 337-989-0933 ejbellone@cox.net
Southwest Surgical Weight Management Center	<ul style="list-style-type: none"> • Member of American Society for Bariatric Surgery <ul style="list-style-type: none"> ○ Offering alternative weight loss 	Kelly Bergeaux 4212 West Congress Street Lafayette, LA 70506 337-988-8880 337-988-8883 – fax
University Medical Center Disease Management	<ul style="list-style-type: none"> • Doctor ordered counseling and dietetic education 	Tena Turnage, RN 2390 W. Congress Lafayette, LA 70506 337-261-6623 337-261-6334 – fax
Wellness & Longevity Center Weight Management for Life	<ul style="list-style-type: none"> • Bariatric medicine • Board Certified – American Society of Bariatric Medicine • Specializes in Childhood Obesity 	Sangeeta Shah, MD 211 E. Kaliste Saloom Road Lafayette, LA 70506 337-235-1166 337-235-1168 – fax www.wlcofla.com
Women's & Children's Hospital	<ul style="list-style-type: none"> • Physician referred nutrition counseling with registered dietician • Assessment and education • Meal planning & developing healthy habits 	Mary Miller, RD 4600 Ambassador Caffery Pkwy Lafayette, LA 70508 337-981-9100 ext. 361 mary.miller@hcahealthcare.com

GOVERNMENT

ORGANIZATION	SERVICES	CONTACT INFORMATION
Louisiana Department of Education	<ul style="list-style-type: none"> • Coordinated School Health 	Alice Carrol PO Box 94064 Baton Rouge, LA 70804 225-342-9442 alice.carroll@la.gov
Louisiana Department of Education	<ul style="list-style-type: none"> • Coordinated School Health 	Monique Preau 1201 N. 3 rd Street PO Box 94064 Baton Rouge, LA 70804 225-219-1691 – fax
Office of Public Health	<ul style="list-style-type: none"> • Women Infants and Children Program (WIC) <ul style="list-style-type: none"> ○ Federally funded nutrition program provided to pregnant women, infants, breastfeeding women and children 	Lafayette Parish Health Unit 220 W. Willow, Bldg. A Lafayette, LA 70501 337-262-5616
Lafayette Consolidated Government	<ul style="list-style-type: none"> • Community Development <ul style="list-style-type: none"> ○ HUD ○ Neighborhood Groups Programs 	Melanie Lewis 705 W. University Avenue Lafayette, LA 70502 337-291-8402 337-291-8344 – fax ttrahan@bellsouth.net lferdusonl@bellsouth.net jmw Waltonl@bellsouth.net
Lafayette Parish Health Unit	<ul style="list-style-type: none"> • Preventive health and obesity education through child health visits • WIC visits • Children’s special health services 	Anne Gaspard, RN 220 W. Willow, Bldg. A Lafayette, LA 70501 337-262-5616 ext. 136

Lafayette Parish School System	<ul style="list-style-type: none"> • Louisiana Governor Games <ul style="list-style-type: none"> ○ Track and Field competition 	James Simmons PO Drawer 2158 Lafayette, LA 70502-2158 337-236-6892 jwsimmons@lpssonline.com
LSU Ag. Center Service – Lafayette Parish	<ul style="list-style-type: none"> • State-Wide Childhood Obesity Program <ul style="list-style-type: none"> ○ Educational program for parents ○ Pamphlets/Educational material ○ ORGAN WISE program for students 	Kate Ordeneaux 101 Lafayette Street, Ste. 325 Lafayette, LA 70501 337-291-7090 337-291-7099 – fax lhollier@agctr.lsu.edu
LSU Ag. Center/La. Cooperative Extension Service	<ul style="list-style-type: none"> • State Childhood Obesity Curriculum Team <ul style="list-style-type: none"> ○ Information on diet, exercise, proper eating habits, feeding practices – birth to elderly • General Nutrition Information <ul style="list-style-type: none"> ○ General nutrition topics A-Z for prenatal to elderly • Body Walk <ul style="list-style-type: none"> ○ Interactive exhibit for children grades PreK – 6th ○ Eating, exercise and how it affects the body 	Mandy G. Armentor, LDN, RD 1105 W. Port Street Abbeville, LA 70510 337-898-4335 337-893-7165 – fax www.lsuagcenter.com
National Dairy Council	<ul style="list-style-type: none"> • 3 A Day Dairy Program <ul style="list-style-type: none"> ○ Program for obese children in Lafayette Parish 	Dan Frost 1016 Mouton Blvd. Lafayette, LA 70507 337-984-1004 – fax
Louisiana Office of Public Health	<ul style="list-style-type: none"> • Injury Prevention <ul style="list-style-type: none"> ○ Education to ensure prevention of accidental injuries and death to children 	Tracy Lemaire 825 Kaliste Saloom Rd. Bldg. 3 Ste. 100 Lafayette, LA 70508 337-262-1132 tlemaire@dhh.la.gov

NUTRITION

ORGANIZATION	SERVICES	CONTACT INFORMATION
American Heart Association	<ul style="list-style-type: none"> • Healthy eating tips • Heart healthy cookbooks 	Laura Broussard 301 Guilbeau, Ste 6C Lafayette, LA 70506 laura.newsom@heart.org
Boys & Girls Clubs of Acadiana	<ul style="list-style-type: none"> • Nutrition class in collaboration with Junior League of Lafayette 	Sharon Bourgeois PO Box 62166 Lafayette, LA 70596-2166 337-268-9555 ext. 103 sbourgeois@bgcacadiana.com
City Club at River Ranch	<ul style="list-style-type: none"> • Week Long Summer Camps for Kids (Open to Public) • Kids' Club Youth Gym (members only) • Nutrition Counseling (members only) • Youth Tennis (members only) 	Nathan Pry 221 Elysian Fields Lafayette, LA 70508 337-406-2582 npry@cityclubatriveranch.com
Louisiana Department of Health & Hospitals Office of Public Health Public Health Nutritionist	<ul style="list-style-type: none"> • Women Infants and Children Program (WIC) <ul style="list-style-type: none"> ○ Federally funded nutrition program provided to pregnant women, infants, breastfeeding women and children 	Public Health Nutritionist 102 Pintail Drive Lafayette, LA 70507 337-262-5314
Dragon Boat	<ul style="list-style-type: none"> • Nutrition Research • Cancer prevention • Self-reliance 	Dean Frost 1016 Montrose Blvd. Lafayette, LA 70503 337-984-7679
Family, Careers & Community Leaders of America (FCCLA)	<ul style="list-style-type: none"> • Stateside programs focused on children • Nutrition Education 	Delta Gary 337-233-2110

Lafayette General Medical Center	<ul style="list-style-type: none"> • Body Shop <ul style="list-style-type: none"> ○ Program promoting weight control through balanced food intake, exercise & increased self-esteem for children 7 – 13 years of age. ○ Nutrition, exercise and behavior modification 	Rhonda C. Hebert, BS, CLC 461 Heymann Blvd. Lafayette, LA 70503 info@lafayettegeneral.com
Lafayette General Medical Center	<ul style="list-style-type: none"> • Wellness Camp <ul style="list-style-type: none"> ○ Week long summer camps promote diet education, fitness & healthy habits at River Ranch 	Karen R. Rue, RN, MBA 461 Heymann Blvd. Lafayette, LA 70503 337-289-8552 ext. 8585 info@lafayettegeneral.com
LSU Ag. Center Service – Lafayette Parish	<ul style="list-style-type: none"> • State-Wide Childhood Obesity Program <ul style="list-style-type: none"> ○ Educational program for parents ○ Pamphlets/Educational material ○ ORGAN WISE program for students 	Kate Ordeneaux 101 Lafayette St., Ste. 325 Lafayette, LA 70501 337-291-7090 337-291-7099 – fax
LSU Ag. Center/La. Cooperative Extension Service	<ul style="list-style-type: none"> • State Childhood Obesity Curriculum Team <ul style="list-style-type: none"> ○ Information on diet, exercise, proper eating habits, feeding practices – birth to elderly • General Nutrition Information <ul style="list-style-type: none"> ○ General nutrition topics A-Z for prenatal to elderly • Body Walk <ul style="list-style-type: none"> ○ Interactive exhibit for children grades PreK – 6th ○ Eating, exercise and how it affects the body 	Mandy G. Armentor, LDN, RD 1105 W. Port St. Abbeville, LA 70510 337-898-4335 337-893-7165 – fax
Nutrition Innovators	<ul style="list-style-type: none"> • Trim Kids <ul style="list-style-type: none"> ○ 12 Week weight management program for children and adolescents ages 6 – 18. ○ Weekly sessions for 2 hours includes nutrition, exercise & behavior modification ○ Individual nutrition assessment & counseling <ul style="list-style-type: none"> ▪ In home services available 	Dorian Driscoll 509 Rue de Belier Lafayette, LA 70506 337-654-9528 337-993-0243 – fax www.nutritioninnovators.com

Southern University Ag Center	<ul style="list-style-type: none"> • Summer youth cooking schools • Statewide childhood obesity awareness 	Larmara A. Hollier 1010 Lafayette St. Ste. 325 Lafayette, LA 70501 337-291-7090 lhollier@agctr.lsu.edu
Weight Management for Life	<ul style="list-style-type: none"> • Nutrition for children • Micro-Nutrition information 	Sangeeta Shah, MD 211 E. Kaliste Saloom R.d Lafayette, LA 70508 337-235-1166 337-235-1168 – fax www.healthybloodhealthybody.com
Woman’s Foundation, Inc Health Information Center	<ul style="list-style-type: none"> • Brochures on nutrition, exercise and healthy lifestyles • Video library on Healthy Lifestyle topics 	Rose Cormier 4630 Ambassador Caffery Pkwy, Ste. 100 Lafayette, LA 70508 337-988-1816 337-988-5613 – fax www.womansfoundation.com
Women’s & Children’s Hospital	<ul style="list-style-type: none"> • Community resource for nutrition and other topics related to childhood obesity 	Mary Miller, RD 4600 Ambassador Caffery Pkwy. Lafayette, LA 70508 337-981-9100 ext. 361 mary.miller@hcahealthcare.com

OTHER

ORGANIZATION	SERVICES	CONTACT INFORMATION
Acadiana Open Channel	<ul style="list-style-type: none"> • Free community medium to promote organizations, events, meetings, etc. 	Ed Bowie 124 E. Main Lafayette, LA 70501 337-232-4434 ext 202 www.aoc.org aocinc@cox-internet.com
Acadiana Youth, Inc	<ul style="list-style-type: none"> • Provides a safe haven for abused and troubled children, while offering a broad range of therapeutic, educational, and recreational services. 	Carlee Alm-LaBar PO BOX 92078 Lafayette, LA 70509 337-237-1320
American Heart Association	<ul style="list-style-type: none"> • Jump Rope & Hoops for Heart 	Candice Courville Youth Market Director 301 Guilbeau, Ste. 6C Lafayette, LA 70506 337-251-8600 www.heart.org
Boys & Girls Clubs of Acadiana	<ul style="list-style-type: none"> • Dental Clinic – Lafayette Community Health Care Clinic <ul style="list-style-type: none"> ○ Educate on healthy eating and proper snacks affecting dental and oral health 	Sharon Bourgeois PO Box 62166 Lafayette, LA 70596-2166 337-268-9555 sbourgeois@bgcacadiana.com
Lafayette Association of Family and Community Education	<ul style="list-style-type: none"> • Speaker: Melinda S. Sothern, PhD <ul style="list-style-type: none"> ○ Practical strategies for overweight children and adolescents • State Organization <ul style="list-style-type: none"> ○ Focus on childhood obesity as part of their family 	Letha Briggs 4131 W. Congress St. Lafayette, LA 70506 337-981-0874 337-989-1417 – fax

Lafayette General Medical Center	<ul style="list-style-type: none"> • Wellness Center <ul style="list-style-type: none"> ○ Ages 16 and older • Worksite wellness program <ul style="list-style-type: none"> ○ Targets parents – exercise and eating behaviors 	Dana Manly, MS, EP 461 Heymann Blvd. Annex A Lafayette, LA 70503 337-289-8556 info@lafayettegeneral.com
Lafayette Parish School System	<ul style="list-style-type: none"> • Directs Child Nutrition Program 	Deborah J. McBride 101 Evans Lane Lafayette, LA 70506 www.lpssonline.com
Lafayette Parish School System	<ul style="list-style-type: none"> • Elementary Fitness Day • National Fitness & sport Month (May) • Employee Fitness Month (May) 	James Simmons, CAA PO Drawer 2158 Lafayette, LA 70502-2158 337-236-6892 jwsimmons@lpssonline.com
Our Lady of Lourdes Northside High School Health Center	<ul style="list-style-type: none"> • Healthy living & lifestyle program <ul style="list-style-type: none"> ○ Measurements: age, wt, ht, bp, glucose, body fat ○ Group meetings on nutrition, fat calories, sugar, exercise, weight loss, etc. 	Judy Robichaux, PNP 301 Dunand St. Lafayette, LA 70501 337-261-6995 www.lourdes.net
Southwest Louisiana Area Health Education Center	<ul style="list-style-type: none"> • Programs <ul style="list-style-type: none"> ○ Diabetes & Tobacco program related to obesity prevention 	Jennifer Burris 103 Independence Blvd. Lafayette, LA 70506 337-989-0001 337-989-1401 www.swlahec.com advocacy@swlahec.com
The Independent	<ul style="list-style-type: none"> • Publicizing community resources • Encouraging community commitment • Producing health and fitness events which encourage healthy lifestyles 	Cherry Fisher May 551 Jefferson Blvd. Lafayette, LA 70501 337-988-4607 ext. 120 337-983-0150 fax

<p>University of Louisiana at Lafayette Kinesiology Department Health Promotion & Wellness</p>	<ul style="list-style-type: none"> • Bachelor of Science Degree with Concentration in Health Promotion and Wellness 	<p>Jacki Benedik or Dr. Susan Lyman UL Lafayette 225 Cajundome Blvd. Lafayette, LA 70506 337-482-6615</p>
<p>W.D. Smith Career Center</p>	<ul style="list-style-type: none"> • Vocational & technical academics <ul style="list-style-type: none"> ○ Focus on educating toward experience in career related jobs ○ Health & nursing classes • Health Academy <ul style="list-style-type: none"> ○ Childcare ○ Pro-start (cooking) 	<p>Paige Chatelain 200 18th Street Lafayette, LA 70501 337-233-4928 www.lpsonline.com</p>
<p>Woman’s Foundation, Inc. Community Education</p>	<ul style="list-style-type: none"> • Healthy Lifestyle Coalition <ul style="list-style-type: none"> ○ Bi-monthly meetings to share resource and information ○ Focus on childhood obesity • Representative: LA State Obesity Council • Representative: LA Action for Healthy Kids 	<p>Lisa LeBlanc Community Program Coordinator 4630 Ambassador Caffery Pkwy Ste 100 Lafayette, LA 70508 337-988-1816 337-988-5613 – fax www.womansfoundation.com</p>
<p>Women’s & Children’s Hospital</p>	<ul style="list-style-type: none"> • Full service hospital 	<p>Amy Broussard Marketing & Public Relations Coordinator 4600 Ambassador Caffery Pwky Lafayette, LA 70508 337-521-9172 337-521-9175 – fax amy.broussard@hcahealthcare.com</p>
<p>Women’s & Children’s Hospital</p>	<ul style="list-style-type: none"> • Physician and child psychologist “guest speaker” information 	<p>Mary Miller, RD 4600 Ambassador Caffery Pkwy Lafayette, LA 70508 337-981-9100 ext. 361 mary.miller@hcahealthcare.com</p>

Youngsville Middle School	<ul style="list-style-type: none">• Nutrition, obesity, and eating disorder education• Family, Career, and Community Leaders of America (FCCLA)<ul style="list-style-type: none">○ Student Body and Healthy Kids○ Conduct projects - develop lessons on healthy eating	Dawn Gary PO Box 1049 Youngsville, LA 70592 337-856-5961 337-856-9945 – other phone
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PHYSICAL ACTIVITY

ORGANIZATION	SERVICES	CONTACT INFORMATION
American Heart Association	<ul style="list-style-type: none"> • Large resource of information at www.heart.org 	Terri Broussard www.heart.org
Boys & Girls Clubs of Acadiana	<ul style="list-style-type: none"> • Sports & Fitness – Fitness for Life <ul style="list-style-type: none"> ○ Physical Fitness programs ○ Awareness of health issues associated with obesity • Smart Choices – wise choices concerning health, sex, drugs 	Sharon Bourgeois PO Box 62166 Lafayette, LA 70596-2166 337-268-9555 ext. 103 sbourgeois@bgcacadiana.com
Nutrition Innovators	<ul style="list-style-type: none"> • Trim Kids <ul style="list-style-type: none"> ○ 12 Week weight management program for children and adolescents ages 6 – 18. ○ Weekly sessions for 2 hours includes nutrition, exercise & behavior modification 	Dorian Driscall, RD 509 Rue de Belier Lafayette, LA 70506 337-654-9528 337-993-0243 – fax www.nutritioninnovators.com
Our Lady of Lourdes Hospital	<ul style="list-style-type: none"> • Growing Strong <ul style="list-style-type: none"> ○ Activity & education for children ages 5 – 13 	Nanette Cooke 611 St. Landry Lafayette, LA 70506 337-289-2808 www.lourdes.net
The Mall of Acadiana	<ul style="list-style-type: none"> • Open at 6 am for Mall Walkers <ul style="list-style-type: none"> ○ Older retired adults 	Angela Jacks 5725 Johnston Street Lafayette, LA 70508 337-984-8242 angela_jacks@cblproperties.com
The Skate Zone	<ul style="list-style-type: none"> • Promotes fun indoors physical activity enjoyed year round • Skating instructors available 	Susan Geary 4518 W. Congress Street Lafayette, LA 70503 337-988-1400

SCHOOLS

ORGANIZATION	SERVICES	CONTACT INFORMATION
Family, Careers & Community Leaders of America (FCCLA)	<ul style="list-style-type: none"> • Stateside programs focused on children • Nutrition Education 	Dalta Gary 337-233-2110
Genevieve Bourgeois	<ul style="list-style-type: none"> • Family & Consumer Science – Lafayette Parish • Family and Community Education 	Genevieve Bourgeois 122 Claymore Drive Lafayette, LA 70503 337-984-2319
Lafayette Coca-Cola Bottling	<ul style="list-style-type: none"> • Youth Market/Obesity Monitor <ul style="list-style-type: none"> ○ Information regarding consumption in schools ○ Information regarding decline in physical activity • Speakers – dieticians 	Caven Bordelon 1314 Eraste Landry Rd. Lafayette, LA 70506 337-232-8413 337-233-9934 – fax
Lafayette Parish School System	<ul style="list-style-type: none"> • Individual health related counseling • Weight monitoring • Diet counseling • Health Education 	School Nurse Supervisor PO Box 2158 Lafayette, LA 70502 337-234-1556 337-234-6965 – fax
Youngsville Middle School	<ul style="list-style-type: none"> • Nutrition, obesity, and eating disorder education • Family, Career, and Community Leaders of America (FCCLA) <ul style="list-style-type: none"> ○ National program ○ Student Body and Healthy Kids ○ Conduct projects ○ Develop lessons on healthy eating 	Dawn Gary PO Box 1049 Youngsville, LA 70592 337-856-5961